

MEN'S HEALTH · EVIDENCE-BASED CARE

ED & Peyronie's Disease. Treatable. Now.

1 in 5 men experience erectile dysfunction. Most never seek help. That ends today – with personalised, discreet, medically guided care from Lumiya Health.

52%

OF MEN 40-70 AFFECTED BY ED

9%

PREVALENCE OF PEYRONIE'S DISEASE

90%

RESPOND TO STRUCTURED TREATMENT

WHAT WE TREAT

Two Conditions. One Integrated Approach.

⚡ Erectile Dysfunction (ED)

Persistent difficulty achieving or maintaining an erection. Causes span physical, hormonal, vascular, psychological, and neurological factors – often overlapping. ED may also signal early cardiovascular disease.

◆ Peyronie's Disease

Fibrous plaque causes penile curvature, painful erections, shortening, and deformity. Early intervention dramatically improves outcomes – don't wait.



YOUR JOURNEY

5 Steps to Reclaim Confidence

- 1 Initial Medical Consultation**
Comprehensive history, lifestyle, psychosexual screening & baseline erectile function scoring.
- 2 Targeted Investigations**
Blood tests covering metabolic, hormonal & cardiovascular markers. Imaging referrals where needed.
- 3 Personalised Treatment Plan**
Oral therapies, injection treatments, regenerative options – or a combination. No one-size-fits-all.
- 4 Treatment Phase**
In-clinic or partner-based therapies including LiSWT shockwave, PRP, carboxytherapy & more.
- 5 Ongoing Monitoring & Review**
Progress tracking, treatment adjustment, and long-term planning for sustained results.

TREATMENT ARSENAL

Every Tool. One Goal: Results.



Oral & Medical Therapies

Event-based or daily ED medication, optimisation, adjunctive therapies & safety monitoring.

First Line



Penile Injection Therapies

Improves blood flow under medical supervision. Suitable for those not responding to oral therapy.

Advanced



Low-Intensity Shockwave Therapy

Non-surgical. Improves vascular health, supports natural erectile function. Via Shockwave Clinic.

Regenerative



Lifestyle & Supplementation

Nutrition, exercise, sleep, stress & cardiovascular optimisation – foundational to every programme.

Holistic

REMEMBER

Not every patient needs advanced therapy. Your plan is built around *you* – with specialist referrals when needed.

Your Next Step Starts Here.

Don't let ED or Peyronie's disease define your confidence, your relationships, or your life. Lumiya Health offers discreet, evidence-based, personalised care – and real outcomes. Act now. Your consultation is waiting.

[Book ED Consultation →](#)

Advanced, Non-Surgical Therapies

In collaboration with Shockwave Clinic



LiSWT

Shockwave therapy to restore blood flow & vascular health naturally.



PRP / PRF

Regenerative therapy for tissue recovery & functional restoration.

Carboxytherapy

Targeted vascular & tissue support.

Infrared Therapy

Supports rehabilitation protocols.