

What if your body could absorb everything it needs?

Oral supplements do their best. But sometimes your body needs more – delivered directly, precisely, and with care. That is what IV therapy at Lumiya Health is built for.

YOUR PLAN. NOT SOMEONE ELSE'S.

At Lumiya Health, IV therapy is never a one-size-fits-all drip-and-dash. Your composition, dosage, and frequency are guided by your medical history, symptoms, treatment goals, blood results, and any concurrent care – whether that's hormonal health, weight management, or fertility support.

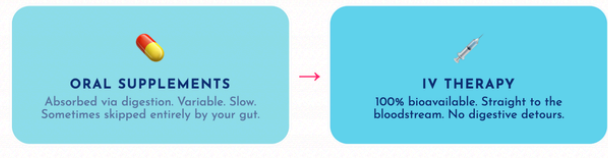
WHAT GUIDES YOUR DRIP:

- ✓ Medical history & health status
- ✓ Symptoms & treatment goals
- ✓ Contraindications & safety
- ✓ Blood test results
- ✓ Concurrent treatments



SO... WHAT ACTUALLY HAPPENS?

Intravenous therapy delivers nutrients, vitamins, minerals, and supportive compounds directly into your bloodstream for optimal absorption – ideal when oral supplements just aren't cutting it, aren't tolerated, or when your body needs rapid replenishment.



THE PROCESS

How It Works

- 1 CONSULT**
- 2 DRIP**
- 3 THRIVE**

A Lumiya clinician reviews your health goals and builds your bespoke formula.

Relax in our clinic while your personalised IV drip does its thing. 30-60 mins.

Feel the difference – often within hours. Energy, clarity, and vitality restored.

TRANSPARENCY FIRST

What to Expect

Clinical Setting

All sessions conducted in a monitored environment. You are observed throughout for safety.

Blood Tests

Some patients require blood tests before initiation. Results guide your personalised formulation.

Variable Duration

Infusion time varies by formulation. Your comfort and safety are always prioritised.

Full Disclosure

All risks, contraindications, and side effects are discussed with you beforehand. No surprises.

PACKAGES & TREATMENT PLANNING

Some patients thrive with a short series of infusions. Others benefit from combination therapy – IV plus injections – or a maintenance schedule that fits their lifestyle. Packages are always discussed individually. Nothing is mandatory. Everything is optional. We're here to advise, not prescribe a one-size-fits-all plan.

POSSIBLE SIDE EFFECTS

Most patients tolerate IV therapy very well. Mild effects may include temporary flushing, metallic taste, post-treatment fatigue, or mild bruising. All risks are discussed beforehand.

OUR IV DRIPS



IMMUNE SUPPORT

For those navigating seasonal illness, recovery, or emotional stress. We give your defences a helping hand.

- Vitamin C
- Zinc
- B-Complex
- Trace Minerals



ENERGY & RECOVERY

Burnout is real. This drip supports energy metabolism and helps you feel like yourself again.

- B-Complex
- Magnesium
- Amino Acids
- Electrolytes



WEIGHT & METABOLIC

Always paired with a medical weight programme – never a standalone fix. Supports your metabolism from within.

- B-Vitamins
- Amino Acids
- Micronutrients



GUT & DIGESTIVE

For patients with absorption concerns or digestive stress – nutrients delivered directly where needed.

- B-Vitamins
- Magnesium
- Trace Minerals



SPORTS & PERFORMANCE

Built for active bodies. Whether you're training hard or competing, this supports endurance and recovery.

- Amino Acids
- Magnesium
- Antioxidants
- Electrolytes



SKIN & AESTHETIC

Glow from the inside out. Supports cellular repair and skin health alongside aesthetic treatments.

- Vitamin C
- Biotin
- Antioxidants
- Amino Acids



FERTILITY SUPPORT

Tailored pre-conception support guided by clinical assessment and blood results. Always medically supervised.

- Antioxidants
- Reproductive Micronutrients



DETOX & CELLULAR

Supports your body's natural detox pathways. Not a replacement for medical care – a complement to it.

- Antioxidants
- Amino Acids
- Liver Micronutrients

IMPORTANT NOTES

IV therapy is supportive – not curative. Not every patient is a candidate. All treatments are medically supervised. Dosages and ingredients are individual. Pricing depends on your specific formulation.

TAKE THE FIRST STEP

Your infusion. Your formula.
Your health, finally heard.

No two patients are the same. Neither are our IV infusions. Begin with a consultation and let us build something that truly fits you.