

MALE SEXUAL & HORMONAL HEALTH

Your health deserves a conversation you've never had.

Comprehensive, confidential, evidence-based care for men – covering sexual wellbeing, hormonal health, fertility, and more.

Please note

This service does **not** include Erectile Dysfunction Assessment or Testosterone Replacement Therapy – both are available as separate, dedicated services. If your consultation reveals a need for either, we'll guide you directly to the right care.

Your body. Your story. Your care.

Male sexual and hormonal health is deeply connected to how you feel every single day – your energy, your confidence, your relationships, and your sense of self. Yet so many men carry these concerns quietly, unsure where to start. At Lumiya Health, we've built a space where those conversations happen openly, without judgement, and with genuine clinical expertise behind every step.

IS THIS FOR YOU?

You Don't Need a Crisis to Seek Care.

- Changes in sexual desire
- Ejaculatory concerns
- Fertility questions
- STI risk or exposure
- Hormone screening
- Psychosexual concerns
- Reproductive wellbeing
- General health questions

01 - SEXUAL HEALTH & WELLBEING

Your Intimate Health Matters

We offer a safe, non-judgemental space to discuss intimate concerns affecting your confidence, relationships, and quality of life. You deserve support – and we're here to provide it.



Libido & Desire

Changes in sexual desire addressed with care and clinical expertise.



Performance Anxiety

Psychosexual wellbeing counselling and education around normal sexual function.

ALSO COVERED:

- ✓ Ejaculatory concerns
- ✓ Lifestyle guidance
- ✓ Medical treatment options
- ✓ Allied health referrals

WHAT WE OFFER

Five pillars of care, built around you.

02 - STI SCREENING & TREATMENT

Confidential. Comprehensive. Fast.

Sexual health screening is a critical part of preventative care. Our screening is confidential and tailored to your individual risk factors – because your privacy is non-negotiable.



Full STI Panel Available

Blood tests · Urine tests · Swabs · HIV testing & counselling · Partner notification · Follow-up testing

03 - HIV PREVENTION & COUNSELLING

Prevention Is Power

Concerned about HIV exposure or risk? We provide counselling, risk assessment, prevention education, pre- and post-test counselling, and prescription of prevention strategies. Specialised referrals available.

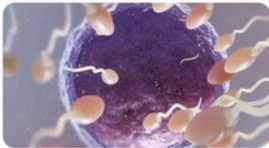
Risk Assessment

Pre & Post Counselling

Prevention Strategies

04 - REPRODUCTIVE & FERTILITY HEALTH

Planning Your Future Starts Here



Whether you're planning now or preparing for the future, we support your journey.

- ✓ Pre-conception counselling
- ✓ Fertility awareness education
- ✓ Semen analysis referrals
- ✓ Hormonal screening
- ✓ Fertility specialist referrals

05 - HORMONAL & ENDOCRINE SCREENING

Is Your Hormonal Health in Check?

Feeling fatigued, moody, or experiencing low libido? Our hormonal screening service assesses imbalances, thyroid health, and metabolic markers. *Note: This service does not include testosterone replacement therapy, which is offered separately.*

Mood & Fatigue Evaluation

Thyroid & Metabolic Screening

THE PROCESS

How your consultation works

- 1 Full history taken – medical, sexual, reproductive, and lifestyle background reviewed in full.
- 2 Mental health & lifestyle screening – because wellbeing is never just physical.
- 3 Tests & diagnostics – blood tests or referrals ordered only when clinically indicated.
- 4 Treatment, education & follow-up – a personalised plan, with ongoing support and referrals where needed. Many consultations are available virtually.

Ready to take the first step?

Your health is worth the conversation. Book today – in person or virtually.

[Book a Men's Health Consultation →](#)