

PLATELET-BASED REGENERATIVE TREATMENTS

Your Blood. Your Healing. Reimagined.

PRP & PRF therapies harness your body's own natural healing power – concentrating platelets and growth factors to stimulate tissue repair, collagen production, and cellular regeneration.

THE SCIENCE, SIMPLY

What Are PRP & PRF?

Both treatments begin with a simple in-room blood draw. Your blood is then spun in a centrifuge to concentrate platelets and growth factors. These are reintroduced into targeted areas – stimulating tissue repair, collagen production, and cellular regeneration from within.

HOW IT WORKS – 5 STEPS

- 1
Consult
- 2
Blood Draw
- 3
Process
- 4
Apply
- 5
Recover

KNOW THE DIFFERENCE

PRP vs PRF – At a Glance

| FEATURE | PRP | PRF |
|------------|---------------------------|------------------|
| Processing | Faster spin | Slower spin |
| Additives | May include anticoagulant | None – pure |
| Release | Immediate burst | Slow & sustained |
| Texture | Liquid | Gel-like |
| Best For | Hair, ED, joints | Skin, under-eyes |

Both are safe, autologous treatments – selected based on your clinical goals.

TREATMENT AREAS

What Can PRP & PRF Treat?



Skin & Aesthetics

Facial rejuvenation, skin texture, fine lines, under-eye renewal, acne scarring & post-procedure support.



Hair Rejuvenation

Pattern hair loss, thinning, scalp health & follicle stimulation for both men and women.



Sexual Health

Erectile dysfunction support, tissue regeneration & vascular health as part of a broader treatment plan.



Regenerative Medicine

Musculoskeletal support, tissue healing & adjunctive regenerative therapies.

THE PROCESS

5 Simple Steps to Renewal

- 1 **ASSESSMENT & CONSULTATION**
A thorough consultation to determine suitability and treatment goals.
- 2 **BLOOD COLLECTION**
A small amount of blood is drawn in-room – quick and straightforward.
- 3 **PROCESSING**
Blood is centrifuged to isolate platelets and growth factors.
- 4 **APPLICATION**
PRP or PRF is precisely injected or applied to the targeted area.
- 5 **RECOVERY & FOLLOW-UP**
Minimal downtime. Gradual, natural results that build over weeks.

HOW IT WORKS – 3 SIMPLE STEPS

- 1
Blood Draw
Simple in-room collection
- 2
Centrifuge
Platelets concentrated
- 3
Reintroduce
Targeted area healing

POST-TREATMENT

What to Expect

- ✓ Mild redness, swelling, or tenderness at the treatment site
- ✓ Results develop gradually over weeks – natural, not overnight
- ✓ Multiple sessions may be recommended for optimal outcomes
- ✓ Maintenance treatments may be advised for sustained benefit

GOOD TO KNOW

Important Notes

- PRP and PRF are **not instant-result treatments** – patience is part of the process.
- Results vary between individuals based on health, age, and indication.
- These therapies work best as part of a **personalised treatment plan**.
- Not all patients are suitable candidates – **assessment is essential**.

Ready to Regenerate?

Your body has everything it needs. We help it do the work. Book your personalised consultation with Lumiya Health today.